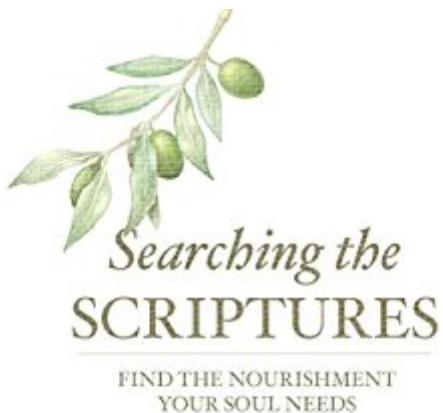


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# Searching The Scriptures: Find The Nourishment Your Soul Needs



## Synopsis

Are you getting the spiritual nourishment you need? We have all experienced times when we have not eaten a balanced diet or have eaten too many sweets. We feel sick, light-headed, and occasionally depressed, or we become irritable and edgy. It's the body's way of letting us know that it's lacking sufficient nourishment. Optimal health requires optimal nutrition. The same is true spiritually speaking. Without sufficient and regular biblical nutrition, our inner life begins to suffer the consequences. We become shallow and selfish, more demanding and less gentle, and quick to react impatiently, rashly, and angrily. These are telltale signs of inner malnutrition. In *Searching the Scriptures*, respected Bible teacher Charles Swindoll shows us how to dig deep into Scripture and uncover its profound truths for our lives. He outlines the principles of Bible study that will help you understand God's word, apply it, and communicate it clearly to those around you. Too many people try to go it alone, without a guide for this life and the next. Swindoll explains how we can fix our own spiritual meals and then invites us to feast on nourishing truths we can discover in God's word.

## Book Information

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## Customer Reviews

I'm so excited to have an opportunity to review *Searching the Scriptures*. Growing up in a church and a Christian household the Bible was important. It was something that was encouraged to read and study. But, I was never really taught the how when it came to opening it up. There are plenty of ways I'm sure, but this book intrigued me so I thought I would pick it up and see what it

offered. For this review, I plan to talk about the parts of this book and explain what it is and how it is useful. Swindoll uses the analogy of finding recipes, cooking, and then eating as a way to explain how to study the Bible.

**Section 1: Finding the Food** This section of the book is just a couple of chapters. The first, is a very high-level survey of the Bible. Thereâ™s a brief description of the history of the Bible and how it is organized. The second chapter focuses on preparing your heart to study the Bible. It reminds us that it has to be a priority and intentional. It reminds us that we have to prepare our hearts in prayer to open the Bible and learn from it.

**Section 2: Preparing the Meal** In this first chapter, Swindoll goes in depth to describe his method of study: 1) Observation; 2) Interpretation; 3) Correlation; and 4) Application. He also suggests tools to have beyond your Bible: Maps, Dictionary, Concordance, etc. The remaining 4 chapters in this section focuses in depth on each of those 4 stages of study. Each chapter is filled with tools and examples of how to implement them.

**Section 3: Serving the Feast** This final section is dedicated to what should we do with the knowledge that we gain from studying scripture. We should share it.

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